

Multiple Intelligences Test - based on Howard Gardner's MI Model

Score the statements: 1 = Mostly Disagree, 2 = Slightly Disagree, 3 = Slightly Agree, 4 = Mostly Agree

Alternatively for speed, and if easier for young people - tick the box if the statement is more true for you than not.

Adults over 16 complete all questions. Young people between 8-16 answer red questions only. This is page 1 of 4.

A short version featuring the young people's questions only is available free from the businessballs website.

Score or tick the statements in the white-out boxes only	Score			
I like to learn more about myself				
I can play a musical instrument				
I find it easiest to solve problems when I am doing something physical				
I often have a song or piece of music in my head				
I find budgeting and managing my money easy				
I find it easy to make up stories				
I have always been physically well co-ordinated				
When talking to someone, I tend to listen to the words they use not just what they mean				
I enjoy crosswords, word searches or other word puzzles				
I don't like ambiguity, I like things to be clear				
I enjoy logic puzzles such as 'sudoku'				
I like to meditate				
Music is very important to me				
I am a convincing liar (if I want to be)				

1
2
3
4
5
6
7
8
9
10
11
12
13
14

I set myself goals and plans for the future						41
I am a very tactile person						42
I can tell easily whether someone likes me or dislikes me						43
I can easily imagine how an object would look from another perspective						44
I never use instructions for flat-pack furniture						45
I find it easy to talk to new people						46
To learn something new, I need to just get on and try it						47
I often see clear images when I close my eyes						48
I don't use my fingers when I count						49
I often talk to myself – out loud or in my head						50
At school I loved / love music lessons						51
When I am abroad, I find it easy to pick up the basics of another language						52
I find ball games easy and enjoyable						53
My favourite subject at school is / was maths						54
I always know how I am feeling						55
I am realistic about my strengths and weaknesses						56
I keep a diary						57
I am very aware of other people's body language						58
My favourite subject at school was / is art						59
I find pleasure in reading						60
I can read a map easily						61
It upsets me to see someone cry and not be able to help						62
I am good at solving disputes between others						63
I have always dreamed of being a musician or singer						64
I prefer team sports						65
Singing makes me feel happy						66

I never get lost when I am on my own in a new place												67
If I am learning how to do something, I like to see drawings and diagrams of how it works												68
I am happy spending time alone												69
My friends always come to me for emotional support and advice												70

Add the scores or ticks in each column and write the total for each column in the boxes on the right.

Your highest scores indicate your natural strengths and potential - your natural intelligences.

There are no right or wrong answers.

My strongest intelligences are (write them here):

Intelligence type	your totals											
Linguistic												
Logical-Mathematical												
Musical												
Bodily-Kinesthetic												
Spatial-Visual												
Interpersonal												
Intrapersonal												

You are **happiest** and **most successful** when you **learn, develop, and work** in ways that make **best use** of your **natural intelligences** (your strengths and style and brain-type).

This indicator can help you to focus on the sort of learning and work that will be most fulfilling and rewarding for you.

The multiple intelligences definitions are available in sheet 2 of the MSEXcel file containing this test. The file and more information about multiple intelligences are available from the website www.businessballs.com.