

** Essential Learning Outcomes demonstrate skills and knowledge related to general education learning outcomes as defined by the college. Specific rubrics within the course are used to assess these outcomes.*

Additional Learning Outcomes

Upon successful completion of this course, the students should:

1. Demonstrate awareness of prevalence and common effects of co-occurring disorders (substance abuse and mental health)
2. Demonstrate awareness of screening and assessment strategies for co-occurring disorders
3. Demonstrate awareness of stages of recovery of persons who have co-occurring disorders
4. Demonstrate knowledge about resources to assist in the recovery process for persons who experience co-occurring disorders
5. Demonstrate awareness of the need to evaluate the effectiveness of personal practice
6. Describe effective use of supervision
7. Describe the biopsychosociospiritual model of substance use disorders
8. Describe the basic biology and genetics underlying all mental disorders
9. Be able to recognize the similarities and differences between substances and the disorders with which they are associated
10. Describe how mental illnesses and substance disorders relate to one another
11. Be able to use the Stages model in motivating and helping persons who are experiencing problems arising from substance use and/or other mental disorders
12. Identify the various options for helping persons with substance use and co-occurring disorders
13. Describe how family and community interact with substance use and other mental disorders
14. Outline and take steps towards developing a helpful attitude towards persons with substance use and co-occurring disorders
15. Demonstrate basic screening and assessment skills
16. Demonstrate self-evaluation skills and learn how to use supervision
17. Identify available resources and how to make referrals for helping persons with substance use and co-occurring disorders

COURSE CONTENT:

Lesson 1: Introduction to the Course

Lesson 2: Substance Use Disorders Overview

Lesson 3: Basic Neuropsychology and Genetic Issues

Lesson 4: Psychological, Social, Family, Cultural, and Spiritual Issues

Lesson 5: Change

Lesson 6: Nicotine Use Disorder

Lesson 7: Drunkards, Alcoholics, or Problem Drinkers

Lesson 8: The Opiate Epidemic

Lesson 9: Stimulant Use Disorder

Lesson 10: Cannabis Use Disorder

Lesson 11: Sedative and Hypnotic Use Disorder

Lesson 12: Co-occurring Disorders – Part 1

Lesson 13: Co-occurring Disorders – Part 2

Lesson 14: Screening and Assessment Strategies

Lesson 15: Review and Summation

COURSE ACTIVITIES:

For each week in this class you will be assigned specific activities. These activities may include reading in the textbook, reading outside material, participation in discussions, quizzes on the text and Lesson content, and other assignments.

Lesson Plans

The entire course is divided into “Lessons” that cover specific topics and learning objectives in the class. The Lessons are listed in the Course Outline above. Each Lesson introduces you to specific subject matter and asks you to engage in a number of activities. These may include reading, exploring the web, researching, participating in online discussions, quizzes (multiple choice, short answer, and essay questions), and assignments (written work submitted as an attached document in a “drop box”)

Each Lesson consists of:

- A Lesson Plan that outlines the content and provides detailed instructions as to any assignments
- Direct links to any Discussions, Assignments, or Quizzes that go along with that Lesson.

All the Lessons are located in the “Lessons” folder. Click on the Lessons link in the course Menu.

Attendance

Attendance is graded very simply in this class, either you are there (score = 100) or you are not (score = 0). I will be taking attendance each session we meet and I will simply average all these scores together to formulate this part of your grade.

Attendance in this class is critical as we will be going over Lesson material pertinent to you completing the Lesson Quizzes...we will also be doing in-class activities to help facilitate your learning of the material.

Please review the online document titled “Course Expectations and Policies”

Lesson Quizzes/Assignments

These quizzes will consist of questions related to activities assigned in the class, the content of the discussions, or information you gather from research. Often there will be hyperlinks in the Lesson which will contain information you need to know and which will help in your Quizzes and Discussions.

Within each Lesson outlined you will be provided with a lists of ALL the questions in the specific quiz. You should prepare your answers ahead of time and then enter these answers into the appropriate online quiz.

Quizzes must be completed by the end of the week in which they are assigned. You may be able to work ahead on some of these quizzes as well.

Extensions on the due dates for quizzes may be allowed with sufficient reason; however, I reserve the judgment to not grant an extension. If you anticipate needing extra time it is best to get in touch with me **PRIOR** to the due date.

Book Quizzes

There will be eight multiple choice quizzes on the textbook and on TIP # 43.

Critical Thinking Special Assignment

A paper discussing AA/abstinence model vs. Controlled drinking/harm reduction model. More information will be provided as the Special Assignment due date draws near.

GRADING:

Grading for the course will be accomplished in the following manner.

1. Attendance 15% - in-class Presentation – 5%
2. Lesson Quizzes/Assignments 40%
3. Book Quizzes 20%
4. Special Assignment 20%

GRADING SCALE:

Letter grades---based on a final grade scale of 0 – 100 the following letter grades will be assigned:

- 95 – 100 A
- 90 – 94 A-
- 87 – 89 B+
- 83 – 86 B
- 80 – 82 B-
- 77 – 79 C+
- 73 – 76 C
- Below 73 F

ATTENDANCE POLICY:

Please review the online document titled “Course Expectations and Policies”

COURSE REQUIREMENTS:

The MHRT/C is a competency-based certification. The following competencies associated with this course have been deemed by the Maine Department of Mental Health Services as necessary to work in the field.

<http://muskie.usm.maine.edu/cfl/MHRT/2008%20Guidelines.pdf>

1. Aware of prevalence and common effects of co-occurring disorders (substance abuse and mental health)
2. Aware of screening and assessment strategies for co-occurring disorders (substance abuse and mental health)
3. Aware of stages of recovery of persons who have co-occurring disorders
4. Knowledgeable about resources to assist in recovery process for persons who experience co-occurring disorders
5. Aware of the need to evaluate effectiveness of personal practice
6. Understands effective use of supervision

These outcomes are assessed utilizing a specific set of assignments standardized within the context of the course.

OTHER INFORMATION:

TBA

STUDENTS WITH DISABILITIES (2014)

In accordance with state and federal law, this College is committed to assisting qualified students with disabilities achieve their educational goals.

If you are in need of an accommodation in this course:

- Students must contact the Dean of Students, Enrollment Services Center, Frye Building, 453-5019, knormandin@kvcc.me.edu
- Students must provide current, appropriate documentation of their disability.
- Students must make a timely request for accommodation to the Dean of Students.
- Accommodations will not be provided until the faculty member receives a letter requesting accommodations. This letter is created with the Dean of Students and is supported by the documentation of said disability.
- Requests for accommodation must be renewed each semester for each course.

This document is available in enlarged print and on audio tape. Please contact the Dean of Students at 453-5019 or knormandin@kvcc.me.edu

NOTICE OF NON-DISCRIMINATION (2014):

Kennebec Valley Community College does not discriminate on the basis of disability in the admission to, access to, or operation of its programs, services or activities. Students requesting classroom accommodation should be forwarded to the Dean of Students, Enrollment Service Center, Frye Building, phone: 453-5019 or the Director of the Learning Commons, Lunder Library, phone: 453-5084

Complaints about College decisions related to disability accommodations or discrimination must be forwarded to Affirmative Action Officer and ADA Compliance Officer, Dean of Academic Affairs, Enrollment Services Center, 92 Western Avenue, Fairfield, ME 04937, phone: 453-5822.