

- Years lived with disability (YLDs) are a measurement of the burden of disease.
- YLDs are calculated by multiplying the prevalence of a disorder by the short- or long-term loss of health associated with that disability (the disability weight).
- When YLDs are added to the number of years of life lost for a certain disease or disorder, the burden of disability associated with a disease or disorder can be reported in units called [disability-adjusted life years](#) (DALYs).