

SMART TREATMENT PLAN EXAMPLE

Client Meeting Summary:

Insert the Case Study Information HERE

Goal 1: Write out major goal in S.M.A.R.T. format

Barrier to Goal 1: Identify the barriers that have kept this goal from being accomplished. Be sure that you focus on rehabilitation-based barriers rather than simply symptomology.

Objective 1: Objectives (steps) are also written in S.M.A.R.T. format

Objective 2: Objectives (steps) are also written in S.M.A.R.T. format

Objective 3: Objectives (steps) are also written in S.M.A.R.T. format