

MHT 110 - Lab 02 - Focusing and Evoking - Student Name

Item	Comment	Grade
Introduction		
Counselor and Client Roles (10)	Counselor and client roles are well established and maintained through the video. Process is taken seriously. Counselor engages the client with an introduction.	10
Comment		
OARS	These do not all need to have occurred. - OARS, in this case, represents general practice through the session.	
Open ended questions	Questions are not all closed ended.	15
Affirmations	Opportunities to affirm client history, skills, challenges, and strengths.	
Reflective Listening	Reflective listening with encouragement to continue sharing.	
Summary	Major topic of client's "issue" is identified. Summarizing the session at the end....anticipating the next session.	
Comment (25)		
Focusing		
Establish clear focal point	After the introduction to the client's issue, counselor works with client to focus the session on ONE part.	30
Comment (25)		
Evoking		
Explore/Affirm/Reflect	Specific to the focal point, explore and affirm experiences and skills. Includes a good deal of reflection and summarizing...similar to OARS.	30
Identify Barriers	Counselor and client identify specific barriers to the focal point.	
Past Success	Strengths based focus	
	All of this should lead you right up to the point of creating a treatment plan	
Comment (25)		
Video / Audio Quality		
(15)	Clarity of presentation, video/audio quality, position of camera	15
Comment		
TOTAL		100